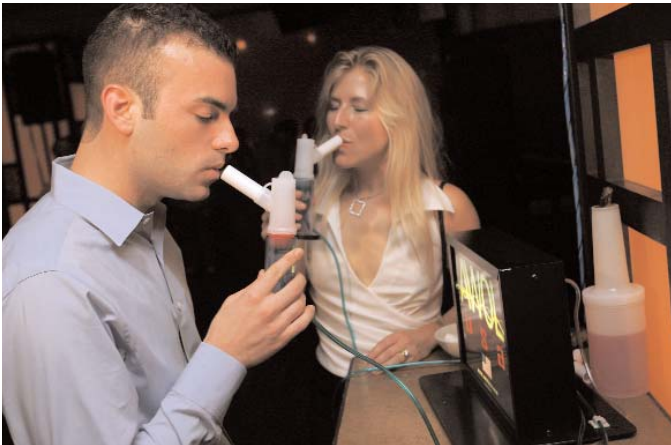


States Banning Controversial Alcohol Device



It made its grand debut in the United States in August, 2004, to anything but rave reviews and now several states across the country are fighting to ban the controversial AWOL machines from their communities.

AWOL, which stands for Alcohol WithOut Liquid, is a hand-held machine that mixes liquor with pressurized oxygen. The combination creates an alcoholic mist that users inhale through a tube connected to the AWOL machine. According to AWOL's makers, the users experience the same effects as they would from traditional alcohol consumption, without the hangover.

"When you keep doing it constantly and you sit there for like five minutes or three minutes, there's a little bit of a buzz," said one AWOL user.

Because the alcohol enters the user's bloodstream through the lungs rather than the stomach, the makers of the device, Spirit Partners, Inc., promote AWOL as a "new, low-calorie, low-carbohydrate way for adults to consume alcohol." Spirit also describes AWOL as a "fun, new, exciting way for adults to enjoy alcohol."

However, it's these very claims that are prompting concern from several state officials across the country.

"In a time that we are trying to send a message to crack down on binge drinking, to crack down on DUIs, this is the wrong product at the wrong time," said Illinois State Representative John Fritchey.

"This so-called 'advancement' in alcohol delivery is good for nothing except promoting alcohol abuse and underage drinking," said Michigan State Representative Rick Jones.

Perhaps the most overlooked factor concerning the AWOL machines remains the unknown impact on the user's health. While very little evidence exists about the effects of ingesting alcohol in this manner, one physician strongly believes AWOL presents a health risk, possibly damaging people's lungs.

"Our lungs aren't made to be exposed to high concentrations of alcohol," said Dr. Michael Silver, from Rush University Medical Center in Chicago. "Our stomach can tolerate it but our lungs have lots of problems with that in terms of drying, coughing, concerns about humidification, thirst."

"In a time that we are trying to send a message to crack down on binge drinking, to crack down on DUIs, this is the wrong product at the wrong time."

Currently, Colorado and Kansas have already banned the use of AWOL and several other states, such as New York and Maine, are considering similar bans.

Networking and Learning Opportunities:

The New Jersey Institute for Continuing Education in Tobacco

The New Jersey Institute for Continuing Education in Tobacco (NJICET) provides free professional development trainings throughout the state designed to provide you with a unique, skill-based learning experience as well as great networking opportunities.

These free, professional development trainings are available to community groups, healthcare organizations, schools, faith-based organizations and other interested individuals in the State of New Jersey.

While the trainings focus on tobacco and anti-tobacco activities, the skills taught in these trainings can be useful for anyone in the drug and alcohol prevention and education field.

See below for a complete list of trainings currently available.

Date	Training Module	Location	Time
October 21, 2005	Why is it Hard to Quit Smoking? The Science of Nicotine Addiction	Fairfield	9:00 a.m.
October 21, 2005	Helping Pregnant Women Quit Smoking: The Five A's Approach to Smoking Cessation	Fairfield	12:30 p.m.
November 2, 2005	Sharing Your Message: The Basics of Marketing Your Organization	Vineland	5:00 p.m.
November 3, 2005	Tobacco 101: The Harmful Effects of Tobacco	Lumberton	5:00 p.m.
November 9, 2005	Moving Into Action: Empowering You to Bring About Policy Change	Clark	10:00 a.m.
November 14, 2005	Helping Pregnant Women Quit Smoking: The Five A's Approach to Smoking Cessation	Vineland	10:00 a.m.
November 22, 2005	Why is it Hard to Quit Smoking? The Science of Nicotine Addiction	Washington	4:00 p.m.
December 2, 2005	Why is it Hard to Quit Smoking? The Science of Nicotine Addiction	Vineland	10:00 a.m.

For more information, visit our website at www.njicet.org or call 732-367-0611.

Effecting Change at National Conference

NJPN member agency executive directors and staff, Barbara Adolphe, Don Starn, Diane Litterer, Becky Carlson and David Romano, ventured west recently to participate in the 6th Annual National Leadership Conference held in Tuscon, Arizona.

The conference highlighted underage drinking prevention efforts which have demonstrated success. Barbara, Becky, Don and Diane had the honor of presenting the workshop, “Working Together to Change Communities.”

The workshop educated participants about methods to establish and administer a statewide, comprehensive strategy to curb underage/childhood drinking through the use of environmental, advocacy, and mobilization strategies.

The program also stressed the importance of enacting state laws and municipal ordinances regarding underage drinking and the need to generate creative ways to enlist community support and assistance with this issue.

“This was one of the best organized conferences I have attended,” said Don Starn, chairman of the

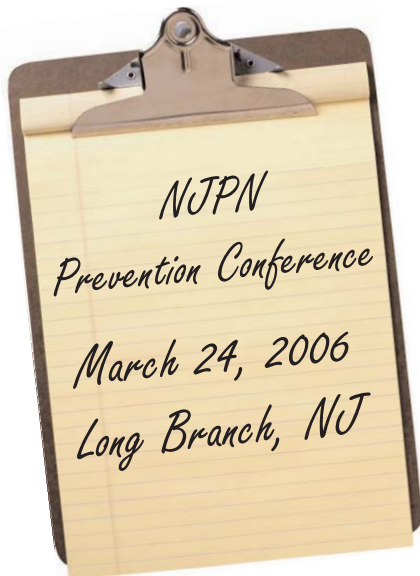


(Left to right): David Romano, Barbara Adolphe, Diane Litterer, Don Starn, Becky Carlson

NJPN CD (Childhood Drinking) Coalition. “The conference provided many examples of science-based, outcome-oriented strategies for reducing underage drinking that have been successfully implemented in states and communities across the country.”

At this same conference, the Office of Juvenile Justice and Delinquency Prevention (OJJDP) Underage Drinking Enforcement Training Center presented the NJPN members with an award for their “Success Story” for innovation and perseverance in reducing underage drinking in New Jersey.

The success story featured work being done in New Jersey in adopting the Underage Drinking Ordinance in municipalities, in counties throughout the state.



SAVE THE DATE!

March 24, 2006

**New Jersey Prevention Network's
6th Annual Prevention Conference**

at

**Ocean Place Resort & Conference Center
Long Branch, NJ
8 a.m. to 3 p.m.**



Prevention pieces

Upcoming events in your community...

WARREN COUNTY

2nd Annual Prevention Education Conference

On Tuesday, November 15, Community Prevention Resources and the Warren County Prosecutors Office are sponsoring the 2nd Annual Prevention Education Conference. The conference will be held from 8 a.m. to 3:30 p.m. at the Holiday Inn & Conference Center in Clinton, NJ (111 Route 173).

Some of the presentations included in the program are Bullying, Gangs, and Current Trends with Methamphetamines. For more information, or to register, contact Chris Goeke at 908-835-1800.

OCEAN COUNTY

Women's Festival of Hope

ADACO (Alcoholism & Drug Abuse Council of Ocean), in coordination with the Women's Task Force of Ocean County, will host its annual *Women's Festival of Hope* program on Thursday, November 10 from 11 a.m. to 3 p.m., at the St. Thomas Episcopal Church in Toms River, NJ (415 Washington Street).

This motivational program for women educates women from under-served communities about the resources available to them to help improve their quality of life. For more information about this program, contact Sue Hendricks or Leslie Malsbury at 732-367-5515.

MORRIS COUNTY

Methamphetamine - Let's Stop It Now

Morris County Prevention is Key (MCPIK), in collaboration with the Substance Abuse Action Team of St. Clares Community Health Trust and the Dope Open, will provide its 6th Annual Prevention Conference on Friday, October 21, 2005. This year, in response to the emerging concerns in our state around methamphetamine use, they are offering "Methamphetamine - Let's Stop it Now" to educate both parents and professionals about this potentially deadly drug. The conference will be held at the Skylands at Randolph, Randolph, NJ, from 8:30 a.m. - 2 p.m. For more information, call MCPIK at (973)-625-1998.

Codey Announces Smoke-free Initiative



In an effort to protect New Jersey's youth from the harmful effects of smoking, Acting Governor Richard J. Codey recently announced his Smoke-Free Youth Initiative, and introduced legislation that would raise the legal age for purchasing tobacco from 18 to 19 years old.

In New Jersey, the 2004 Youth Tobacco Survey found that one third of New Jersey's high school students currently smoke cigarettes.

“With all of the facts we know today, we have a moral responsibility to stop the tobacco addiction death march,” said Codey. “If you knew for certain that your child was going to go out tonight and die in a car accident, wouldn't you take the keys? We know smoking leads to premature death, so we need to take away the keys.”

With the well-known health risks associated with smoking and if current trends continue, an estimated 6.4 million children can be expected to die prematurely from a smoking-related illness.

This legislation includes all tobacco products, cigars and chewing tobacco, and would make New Jersey the fourth state to adopt such a resolution. Alabama, Alaska and Utah already enforce the 19 year old policy.

Statistics from the American Cancer Society show 90 percent of all smokers begin to smoke before they turn 18 years old. And, approximately 4,000 young people ages 12 to 17 try their first cigarette each day in the United States.

“With all of the facts we know today, we have a moral responsibility to stop the tobacco addiction death march. If you knew for certain that your child was going to go out tonight and die in a car accident, wouldn't you take the keys? We know smoking leads to premature death, so we need to take away the keys.”

First-Grade Intervention Reduces Smoking

A National Institute on Drug Abuse (NIDA) funded study, conducted at Baltimore public high schools, revealed that first-grade students who participate in an intervention program to concentrate and control their behavior are less likely to start smoking in their middle-school years, compared to those students not receiving any intervention.

As part of the study initiated in 1993, two different behavior management intervention methods were administered by randomly selected first-grade

teachers. When the children reached 13 years old, researchers compared the smoking habits of the students who received the intervention modules with those who had not.

The data showed that a significantly lower percentage, approximately 35 percent, of the students who participated in the programs had begun smoking. Of the students who had not received the specialized focus, 47 percent had begun smoking.



CAT Members Launch “Picture-This” Campaign



Each county was allotted two cameras to take pictures with hopes of getting 50 pictures from each county. Many counties went above and beyond the expected number and contributed an additional one to two cameras.

Currently, NJPN estimates about 1,100 pictures were taken from the beginning of August to mid-September, in all 21 New Jersey counties.

Presently, the MWW Group has the pictures and is separating them by county districts. All 120 senators and assemblymen/women, in the 40 county districts, will receive a promotional piece featuring the pictures of their community members who support a New Jersey that is completely smoke-free within public places. A collage is also in the works, which will be presented to the legislators before the bill is posted and voted on.

In the on-going quest to persuade legislators to pass legislation to make New Jersey totally smoke-free in all public places, the Communities Against Tobacco (CAT) coalition has developed a project called the Picture-This Campaign. The Picture-This Campaign is aimed at showing legislators the faces of New Jersey who support totally smoke-free public places.

Working with the MWW Group and New Jersey Breathes, the CATs took to the streets of their respective counties and recruited people for the campaign. Several CATs expressed how well the campaign went with many members of their community taking part and having their picture taken.

Burlington County Residents Show Support for Smoke-free Venues

Recently, Prevention Plus of Burlington County, along with Burlington County CAT (Communities Against Tobacco) & REBEL (Reaching Everyone By Exposing Lies) members hosted a “SmokeFREE Night at The Funplex.” This was a family-focused event in which the first 225 school-aged participants who arrived were given a free, unlimited-attractions wristband.

In less than two hours, all of the wristbands had been distributed. All the participants enjoyed an evening of mini-golf, go-carts, bumper boats, tilt-a-whirl, free-fall and other attractions in a 100% smoke-free environment.

Burlington County CAT members worked the admissions table and also distributed anti-tobacco

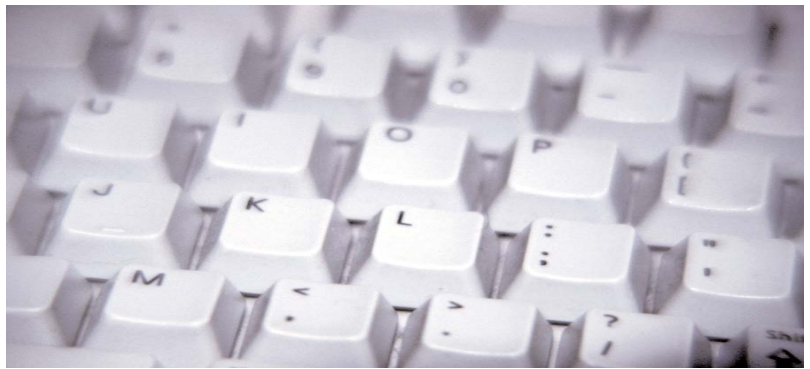
information and quit information. REBEL members also set up a table where participants could create anti-tobacco artwork for the “Hands of Hope” art project - over 50 hands were created.

Many of the adults who attended the event signed up to receive more information about becoming a member of the CAT coalition.

Overall, the event was a huge success. A great time was had by all, and many positive responses were given by the participants. Burlington County Communities Against Tobacco was pleased to provide the community with yet another fun, smoke-free event to enjoy!

Want to learn more about the
New Jersey
Prevention Network or our
member agencies?

Visit us online at
www.njpn.org



Member Agencies

Atlantic Prevention Resources

609-272-0101
Leg. Districts 1, 2, 3, 9

**Council on Alcoholism &
Drug Abuse of Bergen**

201-488-8680
Leg. Districts 32, 35, 36, 37, 38, 39, 40

**Prevention Plus of Burlington
County**

609-261-0001
Leg. Districts 7, 8, 9, 30

**Camden County Council on
Alcoholism & Drug Abuse**

856-427-6553
Leg. Districts 4, 5, 6, 7

**Cape Assist - Cape May Council
on Alcoholism & Drug Abuse**

609-522-5960
Leg. District 1

Essex Prevention Resources

973-571-2324
Leg. Districts 21, 27, 28, 29, 34, 36, 40

**The Southwest Council -
Gloucester, Salem and
Cumberland Counties**

856-794-1011
Leg. Districts 1, 3, 4, 5

**Partners in Prevention -
Hudson County**

201-653-6776
Leg. Districts 31, 32, 33

Hunterdon Prevention Resources

908-782-3909
Leg. Districts 23, 24

**Mercer Council on Alcoholism &
Drug Addiction (MCADA)**

609-396-5874
Leg. Districts 12, 14, 15, 30

**NCADD of Middlesex
County, Inc.**

732-254-3344
Leg. Districts 13, 14, 17, 18, 19, 22

**Prevention First -
Monmouth County**

732-663-1800
Leg. Districts 10, 11, 12, 13, 30

Morris County Prevention is Key

973-625-1998
Leg. Districts 16, 21, 24, 25, 26

**Alcoholism and Drug Abuse
Council of Ocean (ADACO)**

732-367-5515
Leg. Districts 9, 10, 30

**Passaic County Council on
Alcoholism & Drug Abuse
Prevention**

973-473-3366
Leg. Districts 26, 34, 35, 36, 40

**Somerset Council on Alcoholism &
Drug Dependency**

908-722-4900
Leg. Districts 16, 17, 21, 22

**Center for Prevention and
Counseling - Sussex County**

973-383-4787
Leg. District 24

Prevention Links - Union County

732-381-4100
Leg. Districts 20, 21, 22, 29

**Community Prevention
Resources - Warren County**

908-835-1800
Leg. District 23

NJPN *Connections* is written for network member agencies, legislators and friends of the network. If you have any questions or comments about the newsletter, please call us at 732-367-0611.

Connections

Inside...

- ◆ Governor Codey's Smoke-free Initiative
- ◆ Study: Early Intervention Reduces Smoking
- ◆ NJPN Heads West



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